

Donner de la vitesse sur le charleston

♩ = 60

bas *haut*

7x

This block shows the first exercise at 60 BPM. It consists of a single staff with a treble clef and a 4/4 time signature. The music features a sequence of eighth notes with accents, grouped into pairs. The first pair is labeled 'bas' and the second 'haut'. The exercise is repeated seven times, indicated by '7x' at the end.

♩ = 80

bas *haut*

7x

This block shows the second exercise at 80 BPM. It follows the same structure as the first, with a single staff, treble clef, and 4/4 time signature. The tempo is faster, and the exercise is repeated seven times, indicated by '7x'.

♩ = 100

bas *haut*

7x

This block shows the third exercise at 100 BPM. It follows the same structure, with a single staff, treble clef, and 4/4 time signature. The tempo is faster, and the exercise is repeated seven times, indicated by '7x'.

♩ = 120

bas *haut*

7x

This block shows the fourth exercise at 120 BPM. It follows the same structure, with a single staff, treble clef, and 4/4 time signature. The tempo is faster, and the exercise is repeated seven times, indicated by '7x'.

♩ = 140

bas *haut*

7x

This block shows the fifth exercise at 140 BPM. It follows the same structure, with a single staff, treble clef, and 4/4 time signature. The tempo is faster, and the exercise is repeated seven times, indicated by '7x'.

♩ = 160

bas *haut*

7x

This block shows the sixth exercise at 160 BPM. It follows the same structure, with a single staff, treble clef, and 4/4 time signature. The tempo is the fastest, and the exercise is repeated seven times, indicated by '7x'.

An empty musical staff with a treble clef and a 4/4 time signature, positioned at the bottom of the page.